



Rushton CE (VC) Primary School

Happy Learning Together

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PE Policy

Committee	Curriculum
Approved by Governors	May 18
Review Date	May 20
Cycle	Biennial

Rationale

'A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.'

National curriculum 2013

Purpose

This policy aims to show how our School intends to fulfil its legal obligation to deliver the National Curriculum and how and where we can go beyond that, to create a stimulating and exciting curriculum, which will meet the future needs of the children.

Guidelines

- Aims for the teaching of PE
- Objectives for the teaching of PE
- The contribution of PE to the curriculum and to the wider life of the School
- Entitlement
- Use of schemes
- Grouping
- Specialist Teaching
- Special Educational Needs
- Foundation
- Equal opportunities
- Cross curricular themes and links with other curricular areas
- Health and safety
- Parental involvement
- Assessment, recording & reporting
- Extra Curricular
- Display

Monitoring

This policy and the guidelines will be reviewed when necessary, or every two years.

Aims for the teaching of PE

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities

- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

The Contribution of PE to the curriculum and the wider life of the School.

- the promotions of pupils' spiritual, moral social and cultural development.
- the promotion of key skills e.g. communication, application of number, ICT, working with others, improving own learning and performance and problem solving.
- the promotion of other aspects of the curriculum such as thinking skills and opportunities in Education for sustainable development.

Entitlement

At Rushton we aim to meet the government recommendation of at least 2 hours of quality PE each week.

Use of Schemes

PE staff devise their own schemes of work and lessons when asked to link to topic themes by class teachers.

Swimming

Year 3 and 4 children receive weekly swimming lessons during the Spring term.

Grouping

Children are taught in class groups. Year 1 and 2 have a separate lesson from Reception once a week. Within this structure groups are of mixed ability and mixed sex. Relevant discussion is encouraged.

Special Educational Needs

Children's needs are met by provision of differentiation of tasks and materials consistent with School based intervention as set out in the S.E.N. code of Practice.

Foundation

Foundation stage (Reception children) work towards the Early Learning Goal for Physical Development in the EYFS. In addition to a discrete PE lesson once a week or twice a week (see above), they are encouraged to embrace opportunities to develop and practise their and fine gross motor skills through activities provided in their daily continuous provision.

Equal Opportunities

There is a commitment to provide equal opportunities for all pupils. All PE lessons are planned to ensure equal interest and involvement by both boys and girls. A sympathetic approach towards Ethnic customs and beliefs is adopted by the School.

Cross-Curricular themes and links with other curriculum areas

PE has many strong links with most other curriculum areas, which are fostered by all staff when appropriate.

Health & Safety

Pupils are taught:-

- about hazards, risks and risk control
- to recognise hazards, assess consequent risks and take steps to control the risks to themselves and to others
- to use information to assess the immediate and cumulative risks
- to manage their Environment to ensure the health and safety of themselves and others
- to explain the steps they take to control risks.

Parental Involvement

Parents are encouraged to attend displays of dancing, gymnastics and sports days.

Assessment, Recording and Reporting

PE is reported on at the end of the school year as part of the pupil's individual end of year report.

Extra curricular

There are a variety of annual sports events that all children are able to attend (rugby, athletics, cross country, football, bench ball etc.) After school clubs are offered to promote active lifestyles and provide opportunities for learning and experiencing new sports.

Conclusion

This policy should have a positive effect on the teaching and learning of PE in the School by encouraging a consistent approach throughout the School.